

Abigail's Coleslaw

contributed by: Dela Ends
Scotch Hill Farm (Brodhead) • www.scotchhillfarm.com

- 1 medium cabbage finely chopped
- 4 grated carrots
- 1 1/2 c. mayo or lemonaise
- 1/4 c. extra virgin olive oil
- 1/4 c. balsamic vinegar
- 1 T. honey
- 2 T. fresh cilantro or parsley, chopped
- 1 medium onion, diced
- 1 green pepper, chopped (optional)

Toss it all together in a big bowl. Chill and serve.

Soil Sisters South Central Women in Sustainable Agriculture

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Celebrate seasonal abundance and local agriculture with this farm-fresh recipe from a Wisconsin woman farmer championing organic and sustainable agriculture. Women farmers represent one of the fastest growing groups of new growers prioritizing small-scale, diversified, community-focused agriculture, a 30% increase according to the last USDA Ag Census.

The Rural Women's Project, a venture of the Midwest Organic & Sustainable Education Service (MOSES), provides training, resources and support for beginning women farmers and food-based entrepreneurs, including (italicize:) *In Her Boots: Sustainable Agriculture For Women, By Women* workshops. For more information, see: www.mosesorganic.org/womensproject.



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