

## CONTINUED FROM REVERSE SIDE

scarf. Carefully roll the bundle up from one end to the other, trying to keep out wrinkles. Secure the rolled package with yarn or string.

Gently at first but then building up to gusto, roll the package back and forth on your work surface, leaning on your arms from wrist to elbow. After 200 rolls or 2 minutes, stop to untie and unroll the bundle. Spread it flat, smoothing wrinkles and tucking under any edges you see straying. Reroll the bundle from the opposite end, retie it and repeat the rolling for 2 minutes.

Repeat the process of the last paragraph for at least 10 - 15 minutes. Try the pinch test again to see if the fiber is clinging into the scarf now. If it is, remove the rolling pin and the towels. With the scarf secured inside the bubblewrap, you now roll, slap, and use your fists to moderately pound on the scarf -- not so hard that you pop the bubblewrap, but you need to whap the scarf.

Again do a pinch test. When you see fibers that have traveled through the scarf and are now felting into the back side of it, you are ready to remove all bubblewrap.

Go to the sink and quickly dunk the scarf in very hot water. Wad it up (don't twist or pull - just squeeze together) and THROW it hard into the sink for a minute or so. Lightly dunk the scarf in very cold water, and repeat throwing the scarf. Repeat this for 3-10 minutes, until the degree of shrinkage and felting suits you.

Roll the scarf in your last dry towel. Squeeze or walk on the towel to express water. Lay out the scarf on a flat surface and shape by hand while still wet. Allow to dry then iron if you wish. Care for the scarf as you would a fine knit scarf.



## About Us

Prairie Shepherd is a woman-owned, homestead-based business producing fiber, food, and stewardship of Montana's prairies. Our fine-wool sheep produce white and naturally-colored fleeces of outstanding softness and lively resilience. Humane animal husbandry, caring stewardship of land and wildlife, commitment to our rural community, and excellent service to customers are the principles that guide our actions.

This wool was washed and carded at Thirteen Mile Wool Mill of Belgrade, Montana, another eco-friendly family farm and fiber business. Fleece was solar dyed by Prairie Shepherd using rain water, eco-friendly acid dyes, food-grade citric acid, and Ecos Free & Clear soap.



## PRAIRIE SHEPHERD



### Nuno Felt Scarf Kit

*2 oz. Montana wool roving  
0.5 oz. luxury fiber (Lincoln sheep,  
Angora goat, Angelina metallic fiber,  
and/or sari silk)  
One 14" x 70" silk scarf blank  
Instructions*



## Nuno Felting 101

This kit contains materials for one felted scarf. Sufficient wool is provided to fully cover one side of the silk scarf. If you make a light weight or cobweb scarf, there will be roving left over.

Begin by gathering equipment: three large, absorbent bath towels; rubber kitchen gloves; two pieces of small bubble plastic wrap, each about 18 inches wide by 7 feet long; one piece of lightweight polyester mesh fabric, 18 inches wide by 7 feet long; a two foot section of a pool noodle or a rolling pin; 10' of string; a one quart squeeze bottle or measuring cup; dish washing soap; access to very hot as well as very cold water.

Clear a waterproof work area of 3 feet by 8 feet. Lay two large bath towels end to end, with at least 8 inches of overlap. Cover with one layer of bubblewrap with the bubbles facing up. Center the unfolded silk scarf on the bubblewrap.

Unroll the wool nests. Stretch and thin the dry roving width- and length-wise to form shapes for your design.



Pull off whatever length of fiber you'd like. Thin layers of wool roving felt most easily, and are necessary to hold in place the luxury fibers such as sari silk or Angelina metallic fibers. Embellishments go on last.

Pay special attention to the seamed edges of the scarf. Cover them completely with wool roving to soften the look of sharp edges. If you extend wool beyond the scarf, you can

later make fringe ends.

Once the design pleases you, gently place the polyester mesh fabric atop the scarf, making sure it is smooth and that it doesn't displace fiber.

Put on the gloves and fill the water container with hottest tap water; add enough liquid dish soap to make the liquid good and slippery. Hold your hand just above the scarf and pour the water over the back of your hand to minimize displacing fiber. Pat the fiber down gently as you evenly saturate the piece with water, pressing down dry spots and edges until they take up water.



Begin lightly patting the fiber, then as the fibers begin to enmesh, use more energy to rub small circles and arcs. After 5-10 minutes, the fiber will begin to felt. Test for this by gently pinching and lifting one corner of the scarf. If the fiber holds together and is beginning to bind to the scarf, you are ready for the next stage.

Re-wet the felt if there are any places that have dried a bit. Place the second layer of bubblewrap atop the scarf. Place the pool noodle or rolling pin at one end of the